# **Program Registration**

**MIDDLE** 



Date \_\_\_\_ / \_\_\_\_\_

# SCHOOL INITIATIVE

For 5-8<sup>th</sup> graders

#### PLEASE PRINT NEATLY

Student Name			
Grade Birth date	//	School	
Parent/Guardian Name			
Address		Т	own
Home Phone		_Cell Phone	
Email Address			
Text OK if cell phone? Yes	No	Emails go to cell phone	e? Yes No
Emergency Contact (Name & Phone	#)		
Session Enrolling (check one	e)		
Fall 2 (Oct 26 - Dec 3)			
Winter 1 (Jan 4 - Feb 11)		Winter 2 (Feb 1	.5 - Mar 25)
Spring 1 (Mar 29 - May 6)			
Please list any special needs, concer	rns or medical	l information of which Y	'MCA staff should know:
For office use ONLY/_ #	Facility Tour		Cybex Pre-Orientation /
Asset Survey/	Nutrition Survey		Cybex Papers/
4 Core Values/	Drug/Alcohol	_/	Relationships/
Bully/Wt Manage/	Water/Sports Safe	ety/	Exercise/Cycling/
Other Programs 1	_/	2	
Notes:			

### **Letter of Agreement**

### **MIDDLE**



# SCHOOL INITIATIVE

## For 5-8<sup>th</sup> graders

#### **Student Name**

Offered at the DuBois Area YMCA, the Middle School Initiative is designed to inspire youth to discover their passions, to seek a healthy lifestyle and to gain the developmental assets needed to avoid risky

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- Complete a facility tour and equipment orientation
- 2. Take a pre & post developmental asset survey and nutritional assessment
- 3. Attend the following sessions within a 6-week session

behaviors as they pursue success in school and life.

- Y 4 Core Values/Civic Duties Drug & Alcohol Awareness Healthy Relationships
- Bullying/Weight Management Exercise/Indoor Cycling Water or Sports Safety
- 4. Attend a minimum of two other after school programs offered during the 6-week session enrolled in.
- 5. Make sure their attendance to sessions and programs are verified and recorded by staff signature on their MSI checklist.

I, the <b>student</b> (print) mentioned objective and policies in the Middle School Initiative Program I requirements within this agreement I will then receive a youth members youth membership and enrollment in the Middle School Initiative may be	Flyer set forth by the DuBois Area YMCA. If I fulfill the ship for an additional 46 weeks. If I fail to comply my $$
I, the <b>parent/guardian</b> (print) the Middle School Imitative program and will support my child's attend YMCA to use my and/or my child's name, picture or voice for the purposes	dance and involvement. I also allow the DuBois Area

#### **BOTH STUDENT AND PARENT SHOULD SIGN BELOW**

Student Signature	Date
Parent Signature	Date
YMCA <b>Staff</b> Signature	Date